GOOD NEWS HOMEMAKERS

By Shirley W. Walton
Extension Agent

Laundry procedures That Will Make Washday Easier

Efficient laundering methods are the key to washday success. Satisfactory results are achieved with a knowledge of how to handle today's fabrics, appliances and laundry products.

Sort laundry into loads that will wash well together with the same water temperature, agitation and spin speeds. Separate by color - whites, colorfast items and those that are not colorfast. White permanent press and synthetic fabrics are most prone to picking up color and should be washed alone just like dark or very bright colors.

It is also important to sort by type of fabric - cottons and linens, washable woolds, delicates, permanent press and man-made items. Construction is another consideration. For example, delicates - lacy lingerie, synthetic knits should be separated from regular washloads. Also, lint givers, such as chenille robes and bath towels, should be washed apart from lint attractors: corduroy, permanent press and man-made garments.

Another factor is the degree of soil - heavy, normal or light. For example, separate heavily-soiled work clothes from lightly-soiled lingerie. Heavy, bulky things like blankets, bedspreads or slipcovers should be washed alone.

Prepare clothes for washing by checking pockets, brushing lint and dirt from pant cuffs, closing zippers and hooks. Take off pins, ornaments, heavy buckles and any unwashable trimmings. Check for spots, stains or heavy soil.

There are various methods and products that can be employed in pretreating clothes. In all instances, package instructions should be read and followed carefully. The information provided will tell what the product will be and how to use it. A stain removal chart also offers directions on how to treat specific stains and the types of removal agents to apply.

Soil lines around collars and cuffs and small stained areas can be pretreated by dampening the area and rubbing with a paste made of detergent granules and water, a liquid detergents or bar soap.

An enzyme pre-soak product has the ability to loosen soil, break it up and make it easier to remove during the wash cycle. These products are especially effective for stains caused by body soils, blood, eggs, baby formula, grass and chocolate. Use warm water. And again, separate whites from colors before soaking. The time needed with enzyme pre-soak products varies from 15 minutes to overnight, depending on the age and amount of stain.

Another method of treating stains is to use a pre-wash soil and stain remover. Available mainly in aerosol form, it is particularly effective on permanent press and man-made fiber fabrics. These products help remove stains such as blood, coffee, deodrant, grass, lipstick; they also loosen greasy and heavy soils.

Bleach helps to remove stain. Chlorine bleach, available in liquid and dry form, can be used to soak diapers, white and colorfast colors, linens, synthetics and permanent press garments. Oxygen bleach, in dry form, is safe for all washable fabrics and most colors.

Bleach substitutes may be used for presoaking to help loosen stains and eliminate odors. They are safe for all washable colors and fabrics.

Some washers include a pre-wash cycle, whereby pretreating with detergent is done automatically with agitation to help loosen and remove heavy soil from work or play clothes and diapers. The water temperature to select will vary - generally hot water for oily soil and warm or cold water for potein stains, such as blood, milk or grass. Temperature selection will also depend on the type of fabric.

This method can be used with machines that do not have a special pre-wash cycle. Fill the tub with water and advance the timer to the deep rinse. Let washer complete the cycle. Then reset and launder as usual with additional detergent.

Detergent or soap must be used in the wash cycle to clean clothes. Its primary purpose is to loosen and remove soil from fabrics and to hold the soil in suspension in the wash water until it is drained away.

Detergents and soaps vary. Some are all-purpose products for all washable fabrics. Others are light duty for delicate, lightly-soiled fabrics and hand washing. Detergents are also classified according to sudsing characteristics. They may be normal, intermediate, or low sudsers, each providing a different level of suds.

Product selection depends on a number of factors - water conditions, kind of washer, fabrics, degree of soil and personal preference.

There are instances when an increased amount of detergent is necessary; for hard water, larger loads, heavily-soiled clothes and high water volume. Conversely, less the suggested amount may give satisfactory results on lightly-soiled items. If, however, the lightly-soiled items are delicate - lingerie and knits - and must be protected by reducing the water temperature and washing action, it would be advisable to compensate for reductions in these cleaning factors by using the recommended amount of product.

Laundry aids such as water conditioner, disinfectant, fabric softener and starch are used for other laundering benefits. Again, package directions will explain how and when to use the product.

RECIPE OF THE WEEK
Moravian Sugar Cake
[Or Coffeecake]

½ pound potatoes
1 package active dry yeast
¼ cup water warm
¾ cup butter and lard or shortening, mixed
1 scant cup sugar (about 1 tablespoon less)
2 eggs
1 cup potato water, warm
2 teaspoons butter, cut up
1 cup firmly packed dark brown sugar
1 teaspoon ground cinnamon
½ cup light cream

Cook potatoes in water to cover until tender; drain, reserving 1 cup of the water. Mash potatoes and measure out 1 cup to use in recipe. Add yeast to the ¼ cup warm water and stir until dissolved. Cream the ¾ cup butter mixture and sugar together well; beat in eggs one at a time. Mix in mashed potatoes, potato water, salt and yeast. Gradually add flour, mixing in enough to make a soft, sticky dough. Cover bowl with a damp towel and let rise in a warm place (85°F) until double in bulk (about 2 to 3 hours). Punch down and pat into 2 well-greased 13 x 9 x 2 inch pans. Cover with a damp towel and let rise again until double in bulk, about 1½ hours. Bake at 400°F. With a sharp knife punch small holes in top of dough and insert bits of butter. Sprinkle with brown sugar and cinnamon. Dribble cream over top. Bake 20 to 25 minutes, or until brown. Cake reheats very satisfactorily. Makes 2 coffee cakes.

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THE PALESTINE QUARTET FROM HUDDLESTON, VA. will perform a program of music at Red Oak Baptist Church, Saturday, Sept. 6, at 7:30 p.m. The Quartet has been singing together approximately 10 years and members are Pete Tuck, Willis Mitchum, Melvin Harris and Luther Lemon, with Leonard Austin playing piano, and Jimmy Meadow, bass guitar. The members of Red Oak Baptist Church invite everyone to come out for an evening of good gospel music.

PALESTINE QUARTET TO BE AT RED OAK
The palestine Quartet of Huddleston, Va. will present a program of gospel music at Red Oak Baptist Church on Sunday, Sept. 6, at 7:30 p.m. The public is invited to attend.

The NEW HOPE HOUR
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Rev. Clarence Davis, Pastor

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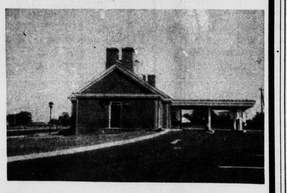

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1975 ANNUAL MEETING

Southside Electric Cooperative

in Crewe at the SEC Pavilion
Saturday, Sept. 6, 1975
STARTING WITH REGISTRATION AT 9 A.M.

ENTERTAINMENT 9 A.M. to 11 A.M.

- The Osborne Brothers of WSM's Grand Old Opry
- The Southside Virginians with Jody Rainwater
- Special 4-H "Share the Fun" Participating Groups

CHALLENGE 11 A.M. to 12:30 P.M.

- Address by Dr. Ronald E. Carrier, President of Madison College and Chairman of the Governor's Electricity Cost Commission.
- Business Meeting with (a) Reports of Officers, and General Manager (b) The Election of Three Directors and (c) Questions and Answers.

PRIZES For MEMBERS

- The prize for the proxy winner will be a refrigerator and will be drawn at 5 P.M. on Friday, September 5th.
- Four other major prizes (Range, Washer, Air Conditioner and Freezer) along with more than a score of smaller electrical prizes will be awarded after 11:30 A.M. on Saturday, during the meeting.

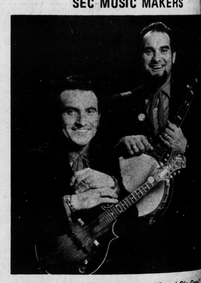
LUNCHEON at 12:30 P.M.

- Barbecued Chicken Dinner by Southside Electric Cooperative and Holly Farms Industries, baked beans, drink.
- A free treat to each Co-Op Member.
- Cost of $1.00 per plate to guests.

JOUSTING TOURNAMENT at 1:30 P.M.

- Third Annual Southside Jousting Tournament with 20 to 25 entries. An unusual sports event.

SEC MUSIC MAKERS



The Osborne Brothers of "Grand Ole Opry"

Holly Farms Barbecued Chicken Is Being Served at the Dinner

HERE ARE THE DETAILS ON THE SEC ANNUAL MEETING

- Members should come early. Registration starts at 9 A.M. and closes at 11:30 A.M. Visit with friends and neighbors. Hear Jody Rainwater and The Southside Virgians, The Osborne Brothers of WSM's Grand Ole Opry, and the 4-H "Share the Fun" groups from 10:30 to 11 A.M. in the Pavilion.
- Charlie Jones, Executive Manager of the Virginia Association of Electric Cooperatives will be the Master of Ceremonies; and Congressman Dan Daniel (Va 5th) will welcome the Members and Guests. Other prominent guests will be introduced.
- Dr. Ronald E. Carrier, President of Madison College and Chairman of the Governor's Electricity Cost Commission, will be the guest speaker and will be introduced by Millard Rice, of Phoenix, a member of the Board of Supervisors of Charlotte County, and a Member of the Carrier Commission.
- Besides the proxy prize (refrigerator), more than a score of other prizes will be awarded starting at 11:30 A.M., including four major prizes (range, washer, air conditioner and freezer).
- Reports from the President, the Secretary-Treasurer, and the General Manager will be highlights of the meeting, and will be followed by a question and answer period. There will be the election of three Directors and plenty of time for any old or new business the membership may wish to bring before the meeting.
- Another of Holly Farms famous barbecued chicken dinners, with baked beans and slaw, will be served at 12:30 P.M., free to Members and $1.00 per plate for guests.
- The Jousting Tournament has become an attractive feature of the SEC annual meeting and will take place as the afternoon event at 1:30 P.M. Nine silver cups will be awarded in this unusual and interesting athletic event.

PLAN NOW TO ATTEND THE 1975 ANNUAL MEETING!

Southside Electric Cooperative

...TUARIES

...rgusson

...son Ferguson, 83, of ..., died Sunday in ...mer Memorial Hos-...

Appomattox County, ...he son of C. C. ...and Nannie Harris ...He was a retired ...a member of New ...st Church.

...rvived by his wife, ...Baldwin Ferguson; ...Mary Elizabeth ...Appomattox; three ...Wade Ferguson and ...Ferguson, both of ...ex and Dewey Per-...Lynchburg and four ...rs. Nettie McCor-...Bertha Almond and ...ex McFadden, all of ...ax and Mrs. Minnie ...Lynchburg.

...services were con-...2 p.m. Tuesday at ...Funeral Home in ...w, with burial in ...emetery.

...seph Hoffman

...ph Hoffman, 70, of ...ppomattox, formerly ...k New York, died ...in Guggenheimer ...Hospital in Lynch-...

...Trier, Germany, he ...of the late Karl ...mann and Susanna ...Hoffmann. He was ...First Presbyterian ...Marcellus, NY and a ...chine tool engineer ...Ruddell Machinery, ...York City.

...rvived by his wife, ...Little Hoffman; one ...Luise N. Hoffman of ...k City; one son, ...Hoffman of Ballwin, ...sisters, Dr. Mar-...Kolewe, Maria ...and Luise Hoffmann ...Germany; and one ...Robert Hoffman of ...rmany; and two ...ren.

...services will be ...day afternoon, Sept. ...0 p.m. from the ...Court House Pres-...urch.

...ATTOX PRIMARY ...HOOL MENU

...Sept. 8 - Sausage ...reen beans, baked ...rolls, butter, cookie,

...ept. 9 - Hot dog on ...dressing, cold slaw, ...s, yellow cake with ...auce, milk.

...ept. 10 - Barbecue on ...ce & tomato salad, ...orn, jello & topping,

...Sept. 11 - Hamburger ...steamed cabbage, ...s, fruit, milk.

...t. 12 - Tomato soup, ...eese sandwich, apple ...cream, milk.

Toga Community

We were saddened to hear of the death of Mrs. Sarah McFadden. We extend deepest sympathy to the family and relatives.

Mrs. Virginia Davis, of Glenville, West Va., is visiting her brothers, relatives and friends of this community.

Mr. and Mrs. Garland Coleman visited relatives in Salem over the week end.

Mr. and Mrs. Johnny Scruggs and Tracy Lynn have just returned from a tour of the Smokies.

Miss Roma Glover and Mr. Wilbur Glover visited in the home of Mrs. Janie Howe Monday.

Miss Ann LeGrand of Boydton, Va., spent the past two weeks with Miss Lynn Pearson.

Mrs. Al LeGrand spent the week end in the home of her mother, Mrs. Mary Pearson.

Mr. and Mrs. Bernard Adock reported an enjoyable trip last week. They went to Williamsburg and spent Tuesday there Wednesday at Busch Gardens and came back to Richmond and spent two days at King's Dominion.

Mr. and Mrs. Tom Coleman and Mrs. Virginias Davis were recent visitors in the home of Mr. and Mrs. Earl Snoddy of Arvonia.

Mr. Linwood Warren Edmonds has entered military service and is now stationed at Fort Bragg, N.C. in the Airborne Division.

Mrs. Debra Seay Edwards will enter military service Sept. 9th and will be stationed in Alabama.

Mr. and Mrs. Burton Day and Miss Mary Bass were week end visitors in the home of Mr. V. B. Day. Other visitors were Mr. and Mrs. George Bass and Alma Rush and Mrs. Esther Guill, Mr. Dannie Heath, Mr. Stevie Scruggs and Mr. Frank Chernault.

Mr. and Mrs. Harston Atkinson from Salem were recent visitors in the neighborhood.

Toga's Men's Softball League Play-Offs will be held Sept. 6 and 7 starting at 2 p.m. each day.

Beckham

September 2 - Mr. and Mrs. Gibbs Martin, Mr. and Mrs. Allen Moore, Debbie and Gwen Moore spent Sunday with Mr. and Mrs. Larry Yeatts and family of Crewe.

Miss Eunice Martin, Mr. and Mrs. Tom Schmuts and Mr. and Mrs. Robert Morris arrived home last night after spending several days with a group in Nashville, Tennessee.

Sunday visitors in the home of Mr. H. O. Martin were Mr. and Mrs. Eural Martin and Don and Miss Ella Steppe.

Sunday dinner guests of Mr. and Mrs. L. E. Martin were Mrs. Gertrude Burge, Mrs. Ricky Burge, Miss Dawn Rush, Mr. and Mrs. Charles Tweedy, Michael Tracy, Mr. Bonnie Morris, Melanie Morris and Mrs. S. G. Martin.

Mr. and Mrs. Howlett Drinkard honored Donald Lee with a birthday party Saturday night. Present were Mr. and Mrs. Howlett Drinkard, Jr., Long Drinkard, Mr. and Mrs. Clifton Drinkard and Mrs. S. G. Martin.

Mr. and Mrs. Paul Burke recently visited Mr. and Mrs. Wallace Burge and family of Rustburg and Mr. and Mrs. Robert Burge and family of Bedford.

Mr. Eugene Turner of Hopewell, spent Saturday night with Mr. and Mrs. Paul Burge. Mr. and Mrs. Wallace Burge visited in this home Monday night.

Mr. and Mrs. Paul Burge attended the wedding of Miss Laura Marino to Mr. Rick Caldwell Sunday afternoon.

Visiting Mr. and Mrs. W. C. Story Sunday were Mr. and Mrs. Darell Bradley, Tim and Tina and Mrs. Louise Hodnett of Rustburg.

Melanie Morris spent several days with Mr. and Mrs. Edgar Tuck and Miss Kathy Tuck recently. They went to Lakeside Friday.

Mr. and Mrs. John Moore, Jerry Moore, Randy Moore, Mr. and Mrs. Kenneth Henderson and Michael and Mr. and Mrs. Warren Hillsman spent Sunday at Lakeside.

Mrs. H. C. Moore, Traci and Jennifer Schmutz were Monday dinner guests of Mrs. Beverly Martin and Mrs. Jack Martin. They also visited Mrs. O. W. Martin who is visiting in this home.

CHESTNUT GROVE

Tuesday supper guests of Mr. and Mrs. K. M. Beasley, Jr., were Mrs. Frances Carson and children, of Blackstone, and Mrs. Katherine Carson of Spout Spring.

Mr. and Mrs. Russell L. Harris visited Mrs. Beulah Morris and Bruce of Appomattox Sunday.

Kenneth D. Cook, of Prospect, spent the week end with his grandparents Mr. and Mrs. W. T. Cook.

Mr. and Mrs. Don Morris and boys were among those who attended the Morgan family reunion at the cabin of Mr. and Mrs. John Morgan near Andersonville Saturday.

Sunday visitors of Mrs. Lucy Glover were Mr. and Mrs. Robert Glover of Lynchburg.

Saturday night visitors of Mr. and Mrs. Roger Morris were Mr. and Mrs. Earl Seay and Wesley of Richmond, and Mrs. Rice Seay, of Andersonville.

Sunday dinner guests of Mr. and Mrs. A. N. Morris were Mr. and Mrs. John Waycaster and Jason of Dillwyn. Saturday night guests were Mrs. Katherine Carter, Bobby and Sherry, all of Alexandria.

SEAL FOR TOWN

Cont'd from page 1

...tions of the winning entry may be made before being accepted by Council.

General: All entries become the property of the Appomattox Junior Woman's Club and will not be returned unless a request for return is accompanied by a stamped, self-addressed envelope. **All entries must be the original work of the entrants.** All entries will be on display during the Third Annual Historic Railroad Festival, Oct. 11-12, 1975.

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